Spam Mail Prevention

Countermeasures for spam include restricting incoming mail and changing your mail address.

1. How to restrict incoming mail

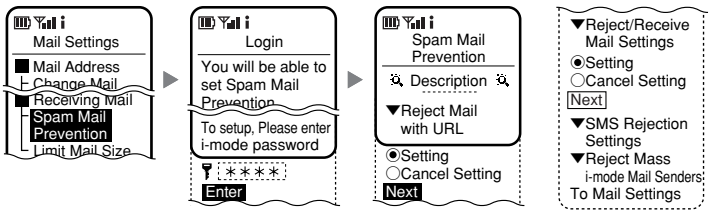
Restrict incoming mail by using spam mail prevention. Addresses from which spam mail is actually sent are usually dummy or spoofed addresses and often change each time mail is sent. Therefore, making settings which reject mail with URLs is recommended. Kantan Mail Settings are also available where recommended methods for combating spam e-mail can be set all at once.

- You will receive Message R (request) and Message F (free) mail even if you make Reject/Receive Mail Settings.
- If mail is rejected using Spam Mail Prevention, the mail will be returned to the sender with an 'address unknown' error message.
- Depending on the settings, an error message may not be received even when the mail could not be sent.
- Once settings are complete, mail set to be rejected will no longer be delivered.
- Mail stored at the i-mode center before making the restrict mail setting may still be retrieved after settings have been completed.

Reject Mail with URLs

Most recent spam mail contains URLs within the message text that lead to dating and adult content sites. This setting makes it possible to reject spam mail containing certain types of URLs*.

* 'Certain types of URLs' refer to URLs of sites that are classified as follows according to the NetSTAR Inc. URL list: dating (dating and dating agencies), adult content (sexual conduct, nude images, sex industry related content, adult content searches, and links), illegal content (activities deemed to be illegal, drugs deemed to be illegal, and inappropriate drug use), and others (distribution of illegal codes, grotesque content, and spam mail links).
- Mail filtering with this function is performed according to the URL database provided by NetSTAR Inc. and does not guarantee the rejection of all mail with the above URLs. There may be cases where mail is received with URLs that fall under the above categories.



❶ From Mail Settings, proceed to Spam Mail Prevention under Receiving Mail, and enter your i-mode password.

❷ Select Settings under Reject Mail with URL, then Next, and settings are complete.

No Packet Charges

Packet communications charges do not apply when you access and make settings from iMenu → English iMenu → 4Options → 1Mail Settings.

Attention!

Settings can also be made and confirmed from My DoCoMo (PCs).

Attention!

Mobile phone and PHS carriers share information regarding subscribers who have had their service stopped due to sending transmissions such as spam e-mail.

Notice

i-mode password authentication:
From Mail Settings, proceed to Spam Mail Prevention and enter the i-mode password on the Authentication screen. Spam Mail Prevention settings can thus be made in succession through this pre-authentication.

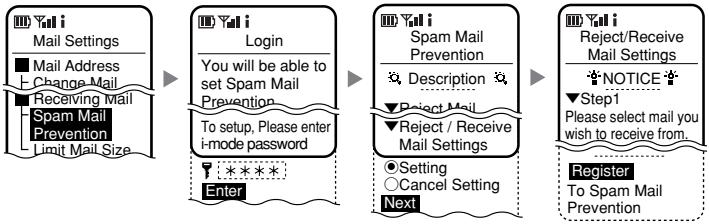
Reject / Receive Mail Settings

You can choose the carriers you wish to receive mail from among DoCoMo, au, SoftBank, Tu-Ka, and WILLCOM. You can also receive mail from **domains**[1] or addresses other than the carriers above by specifying them.

◎Settings to receive and reject mail can be applied together.
◎When registering i-mode mail addresses, please make sure to include '@docomo.ne.jp'. If the '@docomo.ne.jp' part is omitted, you will not be able to reject or receive i-mode mail.

How to reject or receive mail

■ Settings for mail from mobile phones and PHSs.



❶ From Mail Settings, proceed to Spam Mail Prevention under Receiving Mail, and enter your i-mode password.

❷ Select Setting under Reject/Receive Mail Settings, and then Next. Step 1 enables you to select the carriers that you wish to receive mail from. Tick the relevant boxes in ▼Step 1 and select Register on the bottom of the screen.

- You can also proceed to other steps under Reject/Receive Mail Settings.
- Please refer to Receiving Mail from PCs and Spoofed Mail Settings for spoofed mail settings in Step 1 and Step 2.

◎Multiple mobile phone and PHS carriers can be selected.
◎The default is set to receive mail from DoCoMo (i-mode), DoCoMo (mopera U), au (EZweb), SoftBank, Tu-Ka, and WILLCOM domains.
◎Mail from the EZweb domain (ezweb.ne.jp) cannot be distinguished as au or Tu-Ka, so Tu-Ka messages from the EZweb domain will be regarded as coming from au. Therefore, if you wish to receive Tu-Ka's ezweb.ne.jp mail, please tick the [au] box as well.
◎If you tick the Tu-Ka box, you will receive Tu-Ka messages which are not from the ezweb.ne.jp domain.
◎The 'DoCoMo (i-mode)' option in Reject/Receive Mail Settings includes i-mode mail and i-shot mail.
◎Only mail with @mopera.net as the domain applies as DoCoMo (mopera U). Only mail with @mopera.net as the domain and sent via the mail.mopera.net SMTP server applies as DoCoMo (mopera U). Mail sent using WEB mail does not apply, however, even if the address has mopera.net as the domain.

Attention!

Settings can also be made and confirmed from My DoCoMo (PCs).

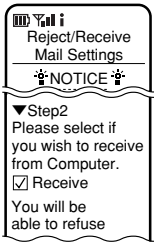
[1] domains

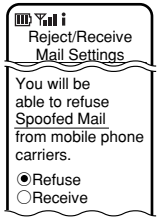
A domain is the part of the mail address after the @, as in the underlined part of 'XXX@△△△.ne.jp'.

Notice

Spoofed mail settings and rejecting mail from specific domains have been added as of November 2007.

■ Receiving Mail from PCs and Spoofed Mail Settings

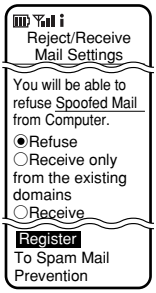




❶ If you wish to receive mail from PCs, select Receive in Step 2.

❷ To reject spoofed mail that seems to come from other mobile phones or PHSs, make settings in Step 1.

Active when Receive is selected in ❶.



❸ To reject spoofed mail that seems to come from other addresses including mobile phones or PHSs, make settings in Step 2.

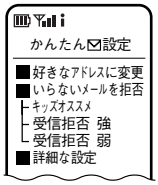
- If Reject all is set, spoofed mail that seems to come from other mobile phones or PHSs will also be rejected. Mail where the sender is not compatible with sender authentication (Sender ID/SPF), will also be rejected.
- To receive mail from mailing lists or forwarded mail, select Do not reject in ❷ and Receive only from existing domains in ❸.

❹ After making the settings, select Register at the bottom of the screen.

You can continue to make receive/reject settings.

Kantan Mail Settings (in Japanese only)

Recommended settings to combat spam can be set quickly and easily. They can also be used with Reject/Receive Mail Settings.



From iMenu, proceed to 8 料金&お申込・設定 (Charges & Applications / Settings), and select 3 かんたん☑設定 (Kantan Mail Settings). Select the settings you wish to make from the 3 かんたん☑設定 (Kantan Mail Settings) screen.

- ●受信拒否 弱 (low rejection level): Recommended setting for users such as those who often exchange mail with PCs or use mailing lists.
- ●キッズ オススメ (Kids' Recommended) / 受信拒否 強 (high rejection level): Setting to receive mail only from mobile phones or PHSs.

If you wish to receive mail from PCs, also make domain and address receiving settings from 詳細な設定 (Detailed settings).

◎Domains or addresses that must be input individually are listed below: Internet mail, mail from information distribution services (e-mail newsletters) etc., confirmation mail for i-mode menu site registration, mail from i-mode, non-DoCoMo mobile phones, and PHSs that have been forwarded via some providers' mail forwarding services etc.

◎ Addresses and domains cannot be set in Japanese.

◎Please be aware that there may be cases where you receive spam e-mail with addresses forged to look like mail from the domains or addresses allowed to receive from set in Step 3 since the last parts are the same.

◎Even if 'DoCoMo' is not selected as a domain to receive mail from, messages from Charge Notice Service, e-billing notification messages, Mobile Meeting Visualnet messages, messages to notify of DoCoMo ID/password, messages to notify of one-time passwords (authentication keys) for i-mode Access History, MOBACHEMAIL confirmation mail, important notices from DCMX, and Friend Mail 12 will be received.

Making receiving settings individually

＜Image of Step 3＞

Reject/Receive Mail Settings
▼Step3
You will be able to receive from entered domains and addresses, even if you have not selected from Step1,2.
Next

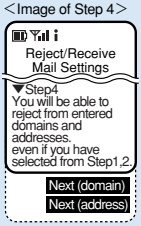
Step 3 enables you to register domains or addresses that you wish to receive mail from.

Receive Mail Settings

By specifying domains, mail with addresses ending in the specified domain will be received.

Making rejection settings individually

＜Image of Step 4＞


Reject/Receive Mail Settings
▼Step4
You will be able to reject from entered domains and addresses, even if you have selected from Step1,2.
Next (domain)
Next (address)

Step 4 enables you to register domains or addresses that you wish to reject mail from.

ドメイン拒否設定 (Domain Rejection Settings)
アドレス拒否設定 (Address Rejection Settings)

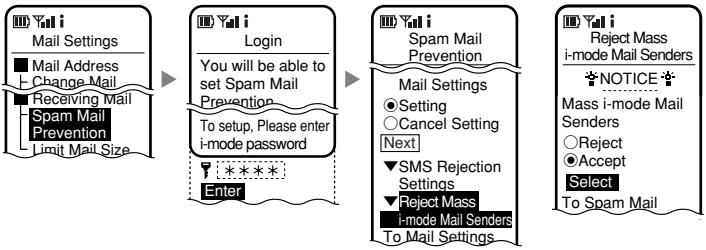
Reject Mass i-mode Mail Senders

You can reject mail from senders who have already sent 499 or more messages from the same handset on the same day.

A mova phone user will be regarded as a mass i-mode mail sender by sending 500 i-mode mail or i-shot mail. A FOMA handset user will be regarded as such by sending 500 i-mode mail, i-shot mail, and i-motion mail messages in total. (Mail messages sent with Chat Mail will also be included in the number of i-mode mail messages.)

How to receive mail from mass i-mode mail senders

The default setting is Reject, so you do not have to make any settings to reject mail from mass i-mode mail senders.



❶ From Mail Settings, proceed to Spam Mail Prevention under Receiving Mail, and enter your i-mode password.

❷ Proceed to Reject Mass i-mode Mail Senders, and choose either option. When the confirmation screen is displayed, settings are complete.

●You only need to make settings if you wish to receive mail from mass i-mode mail senders.

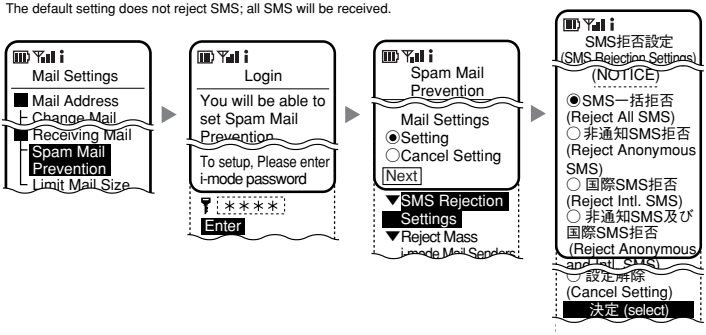
Reject SMS

You can choose to reject All* Short Message Service (SMS), Anonymous (No Caller ID) SMS, Int'l SMS, or Anonymous (No Caller ID) and Int'l SMS.

*Except for SMS sent from DoCoMo's system (mail alert for mopera mail, Missed Call Notification for Voice Mail Service, etc.).

How to reject SMS

The default setting does not reject SMS; all SMS will be received.



❶ From Mail Settings, proceed to Spam Mail Prevention under Receiving Mail, and enter your i-mode password.

❷ Proceed to SMS Rejection Settings, and select an option. When the confirmation screen is displayed, settings are complete.

●When SMS is sent from phones other than DoCoMo mobile phones to a subscriber who has activated Reject SMS, the SMS will not be delivered, however voice communications charges will apply to the sender. ●SMS sent from FOMA handsets will always notify the recipient of the Caller ID. ●To reject SMS, settings can only be made from your FOMA handset.

Notice

A user is considered to be a mass i-mode sender if sending more than 499 e-mail messages a day. This number has been changed from 200 as of November 20, 2007. This reflects the increase in mail sent by normal users and the enhancement of various spam prevention measures.

Attention!

As part of DoCoMo's countermeasures against SMS spam e-mail, the number of outgoing SMS messages must be under 200 a day.

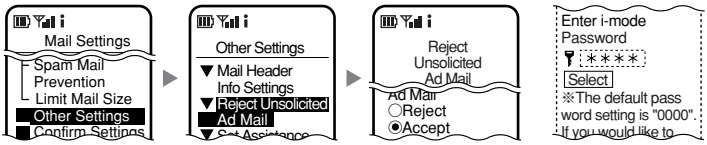
2. Other settings for spam mail prevention

Reject Unsolicited Ad Mail

You can set your i-mode handset to receive or reject mail which has 未承諾広告※ (Unsolicited Ad Mail)[2] at the beginning of the subject.

How to reject unsolicited ad mail

The default setting is Reject, so you do not have to make any settings to reject Unsolicited Ad Mail.



❶ Display Mail Settings. From Other Settings, select Reject Unsolicited Ad Mail.

❷ Choose either option and enter your i-mode password. When the confirmation screen is displayed, settings are complete.

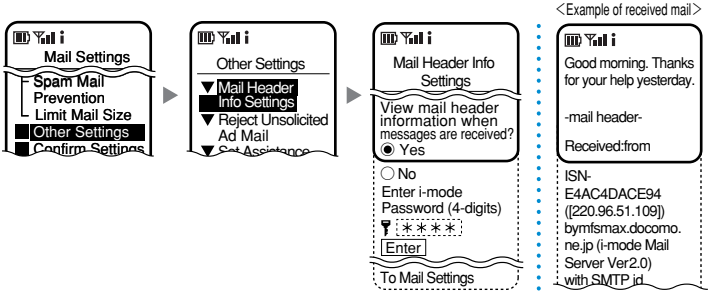
●You only need to make settings if you wish to receive unsolicited ad mail.

Receive Mail Header Information

You can choose to display the header information[3] of received messages sent via the Internet.

How to receive mail header information

The default setting will not display header information, so there is no need to make any settings if you do not require header information.



❶ Display Mail Settings. From Other Settings, select Mail Header Info Settings.

❷ Select an option and enter your i-mode password.

◎Mail header information is only available for mail received after this setting.
◎Mail header information can be received within the number of characters you have set with the Limit Mail Size setting beforehand.
◎In some cases, mail header information may not be displayed properly depending on the received mail.

¥ ◎Packet communications charges apply to receive mail header information.

[2] 未承諾広告※ (Unsolicited Ad Mail)

Mail sent for advertisement purposes without the consent of the receiving party. The sender is required by law to add 未承諾広告※ (six full-size characters, meaning 'unsolicited e-mail advertisement' plus a star symbol) at the beginning of the subject.

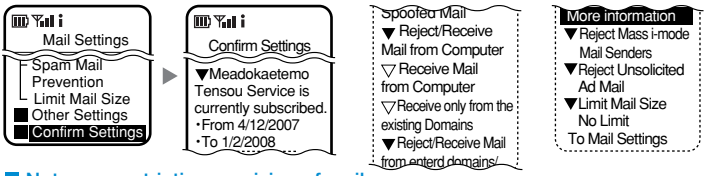
[3] header information

Header information is attached to i-mode mail so that the message can be sent via Internet. It includes the recipient address, sender address, subject, route of the sent message, etc.

Confirm Settings

You can check your current mail rejection settings from Confirm Settings under Mail Settings.

How to check mail settings



■ Notes on restricting receiving of mail

- If mail is rejected using Spam Mail Prevention, the mail will be returned to the sender with an 'address unknown' error message.
- Depending on the settings, an error message may not be received by the sender even when the mail could not be sent.
- When settings are complete, rejected mail will not be received.
- Mail stored at the i-mode center before making the reject mail setting may still be retrieved after settings have been completed.

3. How to change your mail address

Register a secret code

You can avoid receiving unwanted mail when using the address '*your mobile phone number*@docomo.ne.jp' by registering a secret code. You will only receive mail from senders who have included the secret code in your mail address, and any other mail will be returned to senders with an 'address unknown' error message.

◎A secret code cannot be registered when mail suspension is activated.
◎A secret code can only be used with a mobile phone number mail address. Use the '***your mobile phone number*@docomo.ne.jp' address**[4] function to change your address to '*your mobile phone number*@docomo.ne.jp' .

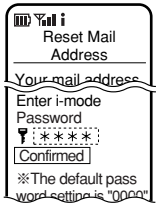
[4] '***your mobile phone number*@docomo.ne.jp' address**
➜ See below

■ First, change your mail address to '*your mobile phone number*@docomo.ne.jp'.

How to set the '*your mobile phone number*@docomo.ne.jp' address

❶ Display Mail Settings. From Mail Address, select Reset Mail Address.

❷ Select the i-mode password box.



❸ Enter your i-mode password. When the confirmation screen is displayed, settings are complete.

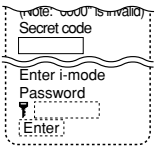
The input mode should be set to number mode.

◎You may no longer be able to use your previous mail address if you set the '*your mobile phone number*@docomo.ne.jp' address.

●You will still be able to retrieve mail already stored at the i-mode center before setting the '*your mobile phone number*@docomo.ne.jp' address. ●You can only set the '*your mobile phone number*@docomo.ne.jp' address with your i-mode handset.

■ Next, register a secret code.

How to register a secret code



❶ Display Mail Settings. From Other Settings, select Register a Secret Code.

❷ Select the secret code box.

❸ Enter a secret code, and then enter your i-mode password.

- Please enter your secret code as a 4-digit number.
- The input mode should be set to number mode.
- You cannot enter your code as 0000.

❹ The secret code is registered, and your new mail address will be displayed.

◎The 4-digit code displayed after your mobile phone number is your secret code.
◎The secret code can be used as soon as you have registered it.
◎Your secret code will not be displayed as part of your mail address when you send messages; therefore, it will not be possible for the recipient to automatically reply to your message using this address.
◎As soon as you have registered your secret code, messages sent to your mail address without the code will be returned to senders with an 'address unknown' error message.
◎When you send mail to addresses other than DoCoMo, you may not be able to receive an error message such as 'address unknown' .

●Mail stored at the i-mode center before secret code registration can still be retrieved after registration. ●A secret code can only be registered using your i-mode handset. ●You must re-register your new address at sites for information delivery services you subscribe to and PC mail forwarding services. ●For more information, please refer to the user's manual for your i-mode handset.

■Packet communications charges do not apply when you access and make settings from iMenu → English iMenu → 4Options → 1Mail Settings.